



SCUBA DIVING FOR BEGINNERS

Beginners to scuba diving have 3 options:

- 1/ Half-day Intro to Scuba program
- 2/ 3-4 day full certification – the Open Water Diver course
- 3/ 1-2 day certification course – the Scuba Diver course

Current prices for each program are on the Diveindia website.

1/ HALF DAY INTRO TO SCUBA

This is the perfect program if you want to experience scuba diving in a controlled, safe environment. Swimming skills are NOT required for this program.

This is not a training course, but meant to give you a taste of diving (and hopefully, get you hooked to the sport!).

We leave from our dive center to a nice sheltered reef. You get a briefing on what to do and what to expect during the day; then you spend some time doing shallow water skills and getting comfortable with the gear. After that, we go for a dive. A dive professional is in the water with you at all times, and will handle your safety. We are back between 11:30 – 1, typically.

Maximum depth of the program is 12m – how deep we go will depend upon your comfort level in the water and the instructor's discretion (we want you to have fun, but safety obviously comes first!).

The dive duration depends on you, your air consumption and comfort level. Typically, it lasts 45 min or longer, but some people are able to extend it to an hour; others sometimes finish in as little as 20-25 minutes. From our side, there is no limit.

Please note that there are many ways to conduct this program – as with everything else, we do not take the dive-factory approach with this program. We conduct the program at a nice and leisurely pace; you are not hurried and if you need extra time to get comfy, you will get extra time to get comfy.

Also, **our programs are conducted by fully trained dive professionals** - something that sounds very obvious, but regrettably, isn't always the case.

Snacks and water are provided on the boat, and we also take pictures of you underwater – we can burn this on a CD if you want, but if you bring a memory

card or pen drive, that is generally better and more reliable.

We also have a Lite version of the Intro to Scuba program - it is the exact same program, conducted to the same high standards, but only time limited to 20-25 min in water.

By default, our trips leave at 8am, but if you are coming on the ferry the same morning and would like immediately, please let us know and we'll arrange a different time slot.

If you are booking this program, please come by the dive center the previous day (or earlier) by 6:30pm, to do paperwork and get fitted for gear. If not, please come by on the morning of your dive no later than 7:30am (have a normal breakfast before – if you want, our cafe opens for breakfast orders at 6:45am).

All you need to bring is swimwear and a memory card/USB stick for the photos – we provide everything else

2/ THE 3 – 4 DAY FULL CERTIFICATION COURSE

The Open Water Course is the entry-level full certification course, and certifies you to dive up to 18m without professional supervision. This certificate is accepted worldwide and valid for a lifetime.

The program includes 4 dives as well as time in shallow water doing skills practice and getting to learn various procedures and techniques used in diving.

Pre-requisites for this course:

- Good physical health with no pre-existing medical conditions

- Moderate fitness (ability to walk 20-30 min without fatigue)

- The ability to swim 200m (any style, no time limit)

- The ability to float/tread water for 10 min

- Minimum age: 10

3/ THE 1-2 DAY SCUBA DIVER COURSE

If time is short, you can do the Scuba Diver certification course, which trains you to dive up to 12m under professional supervision. The certificate is accepted world-wide and is valid for a life-time, and lets you upgrade to higher certification levels later, if you want.

This is a 1.5 day program and consists of some theory, some shallow water training and 2 open water dives.

The Open Water course is the standard, first-level certification, and we generally recommend that for people who want to learn to dive.

This course is essentially half of an Open Water course. It is mainly intended for people who don't have the time or budget to do the full Open Water course, but at the same time, want the dives that they do in the Andamans to "count", and have the option of doing the Open Water course later.

Pre-requisites for this course:

- Good physical health with no pre-existing medical conditions

- Moderate fitness (ability to walk 20-30 min without fatigue)

- The ability to swim 200m (any style, no time limit)

- The ability to float/tread water for 10 min

- Minimum age: 10